

# Volunteers Needed



## 12-18 Years-Old Volunteers Needed:

Children's National Hospital is looking for children to participate in a paid observational research study about whether melatonin can decrease concussion symptoms and improve sleep and mood symptoms after an acute concussion.

You may receive up to \$75 for participation as described below.

### What to expect:

Participants will be required to wear a sleep-activity watch on a daily basis for at least 10 days. In addition, will need to take an oral liquid medication one hour before bedtime every night for a period of 28 days. Throughout the study, you will be asked to complete surveys at the time of diagnosis and at 1, 2 and 4 weeks after the injury to assess the effects of the medication on sleep, mood and concussion symptoms. Participation will involve a telemedicine follow up with our neurology headache clinic four weeks after the concussion, with no cost to participants for this follow up.

### Compensation:

You will receive \$25 upon study completion and additional \$50 once watch is returned to ED research department

### Your child may qualify if they:

- Are between 12-18 years-old
- Have experienced an acute concussion in the last 72 hours
- Have the ability to drink oral liquid medication

**Call us if you believe you or your child are eligible!**

## Contact Us

Children's National ED  
Research Department  
111 Michigan Ave, N.W.  
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202-476-8877  
(Mon.-Fri. 8a.m. - 11p.m.)  
202-924-0557 (After Hours)

Study P.I.: Jeremy Root, M.D.